

QI Evidence Update

February 2026



Welcome to the latest copy of the QI Evidence Update.

The aim of this publication is to bring together a range of recently published research and guidance that will help you make evidence-based decisions.

Accessing Articles

The following abstracts are taken from a selection of recently published articles. If the article is available electronically, there will be a blue link in the abstract. Press CTRL and click to open the link. You will need to be registered for NHS Athens (see below) to be able to access the full text. If the full text is not available electronically, we should be able to obtain the document through our document supply services. Please fill in the pre-populated form or contact the library using the details below.

LibKey Nomad is the new platform we are using to access articles. To activate on any Trust PC, click the jigsaw icon at the end of your web browser bar (Edge or Chrome) and highlight LibKey Nomad. Select *East Cheshire* as your institution (you only have to do this once).

NHS OpenAthens passwords allow you to download the full text of articles, where the Trust has a subscription. These are noted at the end of an abstract. To register for a free NHS Athens account please log on to: <https://openathens.nice.org.uk>. For help registering and using NHS Athens accounts, please get in touch.

Library & Knowledge Service

We are based in the LE&D Hub, 1st floor, New Alderley House and are staffed from 8.30am to 4.30pm Monday to Friday. 24-hour access is available, just swipe in with your Trust ID badge. You can issue and return books using the self-service kiosk, access the PCs and study facilities.

Contact us:

General library enquiries: telephone - 01625 66 1362 or email - ecn-tr.StaffLibrary@nhs.net

Holly Cook, Clinical Librarian: telephone – 01625 66 3398 or email - holly.cook3@nhs.net

Further information on library services and contacts: www.eastcheshirenhslibrary.net

Feedback

We would appreciate your feedback on this Bulletin: <https://forms.gle/LhGxqf92AYxxpgvz7>

Compiled by [Andrea Gibbons](#) (@andreadgibbons) and [Jess Pawley](#) (@improvjess), Somerset NHS Foundation Trust.

All articles published in **January 2026** unless otherwise stated & in alphabetical order by journal / website

1. Quality Improvement

- [Deprescribing benzodiazepines across different healthcare settings: a quality improvement initiative](#) (BMJ Open Quality)
- [Early extubation in low-risk liver transplant recipients: a quality improvement project](#) (BMJ Open Quality)
- [Improving resident doctor referrals to specialties: a 5-year evaluation of a centralised referrals sheet](#) (BMJ Open Quality)
- [Quality improvement for self-management: the DIALOG+ QI framework](#) (BMJ Open Quality)
- [Quality improvement project to improve blood culture volumes in haematology patients](#) (BMJ Open Quality)
- [From parallel tracks to integrated practice: advancing the integration of quality improvement and implementation science – editorial](#) (BMJ Quality & Safety)
- [“Bring your own” reusables to surgery: an environmental sustainability quality-improvement initiative](#) (Canadian Journal of Surgery)
- [Lipoprotein\(a\) Testing in an Outpatient Cardiology Clinic: A Quality Improvement Initiative](#) (Journal of Clinical Lipidology)
- [Implementation of an ERAS® Programme for Total Hip and Knee Arthroplasty in a High-Volume University Hospital](#) (Journal of Clinical Medicine)
- [Screening and Counseling for Unhealthy Alcohol Use in Primary Care Practices](#) (JAMA Network Open)
- [Learning Health System Implementation: Building a Hub-and-Spoke Model for Hypertension Management Through the QI Hub](#) (Journal of General Internal Medicine)
- [Reduction of pruritus and depression using longitudinal patient-reported outcome measures in hemodialysis: a quality improvement project](#) (Journal of Patient-Reported Outcomes)
- [Learning Health Systems Symposium: Charting the Future of Saskatchewan Healthcare](#) (Learning Health Systems)
- [Podcast: Population health, prevention and the power of improvement](#) (NHS Confederation)

2. Strategy

- [A nursing perspective on leadership within the National Health Service](#) (Journal of Research in Nursing)
- [Department of Health and Social Care 2024-25 Full Report](#) and [Audit insights](#) (National Audit Office)
- [The Mental Health Act 2025: What you need to know](#) (NHS Providers / NHS Confederation)
- [NHS Activity Tracker: January 2026 - Demand, activity and performance data](#) (NHS Providers)
- [Health at the heart of local growth](#) (The Health Foundation)
- [Meeting the NHS workforce retention challenge - blog](#) (The Health Foundation)
- [The history of the NHS, social care and public health policy](#) (The Health Foundation)
- [What’s in store for health and care in 2026? Strategic outlook](#) (The King's Fund)

3. Patients & People

- [Experiences of access to general practice in England: qualitative study and implications for the NHS 10 year plan](#) (BMJ)
- [Validation and benchmarking of Patient-Reported Experience Measures \(PREM\) tool for the safety of patients undergoing MRI investigations](#) (BMJ Open Quality)
- [Evaluating the Process of Patient Engagement: Insights from a Mixed-Methods Evaluation of a Cancer Center Patient Advisory Group](#) (Health Expectations)
- [Patient care in temporary care environments Report](#) (Health Services Safety Investigations Body)
- [Improving Patient Experience in Healthcare](#) (Brown Hospital Medicine)
- [The State of Person Centred Care 2025](#) (Picker)

4. Events

- 24 Feb 2026: [Shine a light on co-production February event](#) - NHSE, Online, 10:30-12:00
- 25 Feb 2026: [NHS IMPACT: Coproduction of Improvement](#) - Online, 11:00-11:50
- 6 Mar 2026: [Closing date for NHS Excellence Awards](#)
- 17 Mar 2026: [Making room for innovation: a practical model for de-implementing previous ways of working](#) - Q Community Event, online 12.00-13.30
- 18 Mar 2026: [Leading Successful Partnerships](#) - Q Community, Online, 12:00-13:00
- 23 Mar 2026: [NHS IMPACT: Quality management systems](#) - Online, 12:30-13:50
- 25 Mar 2026: [Q member event: exploring the role of improvement in transformational change](#) - In person event, all day, London
- 31 Mar 2026: [Shine a light on co-production March event](#) - NHSE, Online, 10:30-12:00
- 30 Apr 2026: [NHS IMPACT: Learning from Scotland's improvement journey](#) - Online, 10:00-10:50
- 10-11 June 2026: [NHS Confed Expo 2026](#) - Manchester
- 18 June 2026: [NHS IMPACT: Leadership for improvement](#) - Online, 10:00-10:50

For full national quality improvement events listings go to: <https://www.theqihub.com/post/events>