



UpToDate

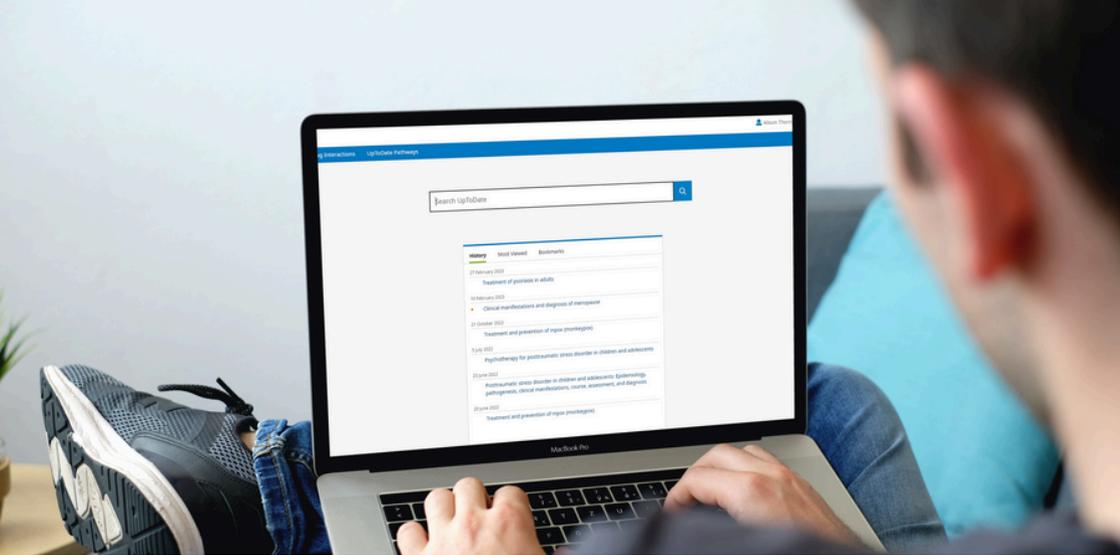
UpToDate is an evidence-based clinical decision support tool and is available to all East Cheshire NHS Trust staff and learners. It includes over 11,000 clinical topics, drug information, practice-changing updates and much more. Access online or download the app.



Library & Knowledge Service

Facilitating evidence-based decision making at East Cheshire NHS Trust





www.uptodate.com

What is UpToDate?

UpToDate is an evidence-based, physician-authored clinical decision support resource, and is available to all East Cheshire NHS Trust staff and students. UpToDate includes:

- Evidence-based medical content that is researched, created and continually updated by over 6,700 leading physicians.
- Summaries and treatment recommendations for over 11,000 topics in 25 specialties.
- “Practice changing updates” highlighting critical research that changes how you treat patients today.
- “What’s new” summaries of important new findings by specialty.
- Over 465,500 references, with links to PubMed and the full-text articles where our subscriptions permit.
- Medical calculators.
- Patient information covering over 1,500 topics.
- A select drug database of more than 6,000 unique drug entries, including adult, paediatric and international drugs, and a drug interactions tool.
- Earn CME/CPD credits.

How can I access it?

The first time you access UpToDate ensure you are on a PC connected to the NHS network. Follow the link in the Start menu. Check it says 'East Cheshire NHS Trust' in the top-right corner. To create your personal account click 'Register' in the top right corner and fill in the online form.

With your personal account you can login online, from work or home, save bookmarks and collect CME credits. You can also use the app, download from your app store.

Alternatively you can login online with your East Cheshire NHS Athens account (but without access to the app or collecting CME credits).

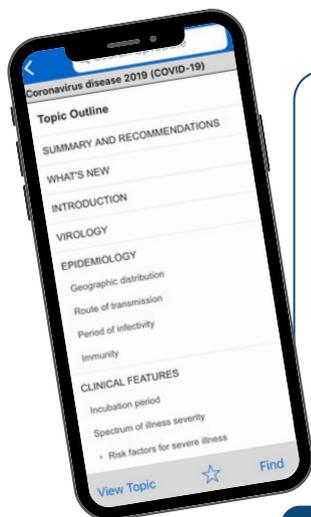
Searching UpToDate

Searching UpToDate is easy - enter your search terms in the 'New Search' box, and UpToDate will suggest relevant topics. Click the search button or press enter. You will be shown a list of search results, click on the most relevant to open the topic. You can jump to sections of the document using the menu on the left-side of the page. You can bookmark the page (button at the top of the article) for easy future access. If there is a 'Patient' button at the top of the article you can download a patient information leaflet on the topic.

The screenshot displays the UpToDate interface for the article 'Treatment of psoriasis in adults'. At the top, there is a search bar and navigation links for 'Contents', 'Calculators', 'Drug Interactions', and 'UpToDate Pathways'. The article title is prominently displayed in the center. Below the title, there is a 'Topic' section with a 'Graphics (1)' link. The main content area is divided into sections: 'Outline', 'SUMMARY AND RECOMMENDATIONS', 'INTRODUCTION', and 'APPROACH'. The 'INTRODUCTION' section is currently selected and shows the beginning of the text: 'Psoriasis is a common chronic skin disorder typically characterized by erythematous papules and plaques with a silver scale, although other presentations occur. Most cases are not severe enough to directly affect general health and are treated in the outpatient setting. Rare, life-threatening presentations can occur that require intensive inpatient management.' The 'APPROACH' section is also visible at the bottom. On the right side of the article, there is a 'Patient' button and a 'Log Out' link. The page also includes author information: 'AUTHOR: Steven R Feldman, MD, PhD', 'SECTION EDITOR: Robert F Gottlieb, MD, PhD, MSPH, Kristina Callis Duffin, MD', and 'DEPUTY EDITOR: Abena O Ofori, MD'. A note at the bottom right states: 'All topics are updated as new evidence becomes available and our peer review process is complete. Literature review current through: Jan 2023. This topic last updated: Jun 30, 2023.'

Renewing your UpToDate account

Every 3 months you will be emailed by UpToDate asking you to renew your account. This is to ensure that only current members of staff still retain access. To renew your account you will need to **access UpToDate via the link in the Start Menu on a trust PC which is connected to the trust network**. Ensure it says 'East Cheshire NHS Trust' in the top-right corner, then click the 'Login' button. Enter your username and password. You will then see a message saying that your access has been extended for a further 3 months.



CPD / CME

Every time you read a topic on UpToDate you are awarded half a CME credit, if you are logged in with your account. To redeem these credits:

- Login to UpToDate.
- Click the CME link in the top right.
- Click 'Redeem'.
- Select which points you wish to redeem and follow the on-screen instructions.

Further information

For additional help or information contact the Library & Knowledge Service:



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