

**BMJ** Best Practice



# BMJ Best Practice

BMJ Best Practice is an evidence-based clinical decision support tool and is available to all East Cheshire NHS Trust staff and learners. It includes thousands of clinical topics, over 6,000 clinical guidelines, patient information leaflets, prescription guidance and a comorbidities manager. Access online or download the app.



**Library & Knowledge Service**

Facilitating evidence-based decision  
making at East Cheshire NHS Trust

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<https://bestpractice.bmj.com>

## What is BMJ Best Practice?

BMJ Best Practice is an evidence-based, clinical decision support resource, and is available to all East Cheshire NHS Trust staff and learners. BMJ Best Practice includes:

- Search thousands of clinical topics and over 6,000 clinical guidelines.
- Watch animated videos of common medical and surgical procedures.
- 500+ patient leaflets which provide concise, user-friendly summaries.
- Stay current with Important Updates and Cochrane Clinical Answers highlighted within each topic.
- Ensure your ongoing professional development, with automatic CME/CPD tracking.
- Check prescription guidance using BNF, BNFC and over 250 medical calculators.
- Get step-by-step guidance via our unique treatment algorithm tables.
- Access anywhere, online and offline with the BMJ Best Practice app.

# How can I access it?

- 1 Visit <https://bestpractice.bmj.com/nhsinengland>
- 2 Enter your NHS Athens username and password, and click 'Sign in'.  
To register for an NHS Athens account visit:  
<https://openathens.nice.org.uk>
- 3 If you are a new user, you will need to now register for a BMJ Best Practice personal account. Use your personal account to download the app for access anywhere, anytime, even offline.

# Searching BMJ Best Practice

Searching BMJ Best Practice is easy - enter your search terms in the 'Search conditions, symptoms...' box, and BMJ Best Practice will suggest relevant topics. Click the relevant term or press enter to search. You will be shown a list of search results, click on the most relevant to open the topic. You can jump to sections of the topic using the menu at the top of the page.

The screenshot shows the BMJ Best Practice website. At the top, there is a search bar with the text "Search conditions, symptoms...". Below the search bar, there are navigation links for "Recent updates", "Specialties", "Calculators", "Comorbidities", "Patient leaflets", "Videos", "Case reports", "Evidence", and "Drugs". The main content area is titled "Acute asthma exacerbation in adults" and includes a "View PDF" button. Below the title, there is a table with columns for "OVERVIEW", "THEORY", "DIAGNOSIS", "MANAGEMENT", "FOLLOW UP", and "RESOURCES". The "OVERVIEW" column contains a "Summary" link. The "THEORY" column lists "Epidemiology", "Aetiology", and "Case history". The "DIAGNOSIS" column lists "Recommendations", "History and exam", "Investigations", "Differentials", and "Criteria". The "MANAGEMENT" column lists "Recommendations", "Treatment algorithm", "Emerging", "Prevention", and "Patient discussions". The "FOLLOW UP" column lists "Monitoring", "Complications", and "Prognosis". The "RESOURCES" column lists "Guidelines", "Images and videos", "References", "Patient leaflets", "Calculators", and "Evidence". Below the table, there is a "Summary" section with the text: "An acute asthma exacerbation in adults presents as an acute or subacute episode of progressive worsening of asthma symptoms, such as shortness of breath, wheezing, cough, and chest tightness." To the right of the summary, there is a "Comorbidities" section with the text: "Add your patient's comorbidities for tailored treatment recommendations. If your patient is pregnant or a child, do not select comorbidities using this tool. Use the standard algorithm and seek specialist advice on comorbidities."

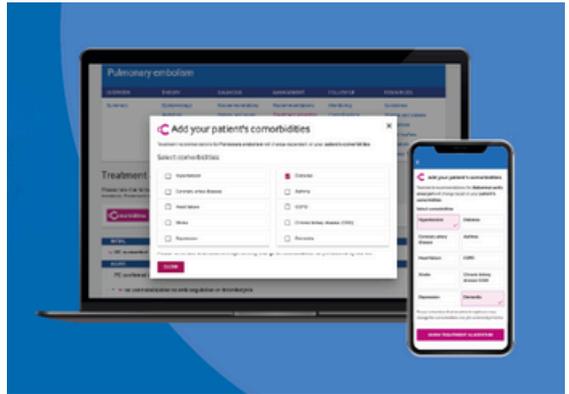


## Comorbidities Manager

The Comorbidities Manager supports the management of the whole patient by providing guidance on the treatment of acute conditions alongside their pre-existing comorbidities.

You can select from a range of common, high-cost comorbidities to generate an instant treatment plan tailored to the unique needs of the patient.

The Comorbidities Manager makes it easy to quickly treat and stabilise patients with comorbidities. This effective management of the patient increases efficiencies and quality of care, ultimately leading to better clinical outcomes, shorter hospital stays and fewer readmissions.



## Further information

For additional help or information contact the Library & Knowledge Service:



01625 66 1362



ecn-tr.StaffLibrary@nhs.net



[www.eastcheshirenhslibrary.net](http://www.eastcheshirenhslibrary.net)



LE&D Hub, 1st Floor,  
New Alderley House,  
Macclesfield District  
General Hospital,  
Victoria Road,  
Macclesfield, SK10 3BL